

# BIODATA

NAME - Dr. KAMLA TIWARI

Date of Birth - 14 July 1977

Designation -Assistant Professor

Department - Psychology

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## ACADEMIC QUALIFICATION:

1. Post Graduation (M.A.Psychology) from kumaun university Nainital in year 1999with Ist Division.
2. Graduation (B.A.) from Kumaun University Nainital in year 1997 with Ist Division.
3. Intermediate from U.P. Board in 1994 with Ist Division.
4. High School from U.P. Board in 1992 with IInd Division.

## PROFESSIONAL QUALIFICATION:

1. Ph. D. from kumaun university Nainital in November 2004.

## PROFESSIONAL PROFILES:

1. 3year Teaching Experience Sr. Lecturer (Psychology) in L.B.S. Degree College (Halduchaur) Haldwani.
2. From 14 November 2008 to 22 July 2016 Teaching as Contract Teacher (Psychology) in different government degree college of Kumaun University.

3. From 23 July 2016 to 13 November 2019 Teaching as Assistant Professor (Psychology) in P.N.G.P.G. College Ramnagar.

4. At present teaching as Assistant Professor (Psychology) in M.B. Govt. P.G. College Haldwani from 14 Nov 2019.

## **OTHER CURRICULUM ACTIVITIES:**

### **Seminar/Conference**

☐ Paper ;Psychological Empowerment of Women: Threats and suggestion” Present in national Seminar on Woman Empowerment through energy accessibility opportunities and challenges sponsored by U.G.C. New Delhi organized by Department of sociology P.N.G. Govt. P.G. college Ramnagar on 05-06 march 2016.

☐ Paper “Holistic Health” Present in National seminar on yoga Naturopathy & Holistic Health Organized by Govt. D.C Banbasa Champawat& Open University Haldwani on 27-28 August 2016.

☐ Paper “पर्यावरणीय परिवर्तनकामानवव्यवहारपरप्रभाव&quot; Present in national Seminar Uttarakhand History & Culture Association hosted by P.N.G. Govt. P.G. College Ramnagar on 17-18 October 2016.

☐ Paper “सामाजिक विषमतायें एवं मानसिक स्वास्थ्य&quot; International Seminar on sustainable Development Challenges and strategies Sponsored by ICSSR UCOST, (NABARD), Organised by Deptt. of Economics Govt. P.G. College Chamoli Uttarakhand in collaboration with Indian Economic Association on 21-22 Oct 2016.

☐ Paper “Motivations of Behaviors in Smart City” National Seminar on smart Cities : A stride to improve citizen quality of life sponsored by Higher Education Department UP Govt., Organized by VRAL Rajkiya Mahila Mahavidyalaya Bareilly UP on 08-09-Jan 2017.

☐ Paper &quot;study of quality of life in rural and urban areas of Uttarakhand” present in nation seminar as sustainable rural development in India issues and challenges organized by DRA Government P.G College Bisauli on 30-31 Dec 2017.

☐ Paper &quot;cashless economy in India context” present in international conference on

digital India Empowering the society organized by department of chemistry,  
Bareilly College Bareilly on 27 Jan 2018.

☐ Paper “Quality Education: An overview in India setting” present in National  
seminar on creating a unified foundation for the sustainable development

education and empowerment organized by Government Raza P.G College  
Rampur U.P. on 27-28 Jan 2018.

☐ Paper “राजनीतिके बदलते परिवेश में युवा मतदाता की भूमिका” present in  
National seminar on voters Democratic India organized by Ramlubhi Sahani  
Government Mahila Degree College Pilibhit on 08-09 Dec 2018.

☐ Paper “psychological impact of demonetization upon moment in national seminar  
on India after demonetization Issues and challenges organized by DRA  
government P.G college Bisauli (Badaun) U.P. on 05-06 Jan 2019.

☐ Paper “जल संकट: कारण व समाधान” Present in National seminar on water the  
Animated life challenges and solution. Sponsored by Uttarakhand State Council  
for Science and Technology (UCOST) and Organized by UGC human resource  
development center Kumaun University Nainital date 08-09 March 2019.

☐ Paper “Impact of quality Assurance on Higher Education in Uttarakhand” present  
in National seminar on Progressive and Innovation in Higher Education  
organized by M.B. Govt. P.G. College Haldwani, Nainital, Uttarakhand on 16  
November 2019.

☐ Paper “समय प्रबन्ध पर गाँधी जी के विचार” present in International conference on  
वर्तमान वैश्विक परिदृश्यता में महात्मा गाँधी की प्रासंगिकता organized by Dept of E.Ed  
L.S.M. Govt. P.G. College Pithoragarh Uttarakhand on 17-18 November 2019.

☐ Paper “उत्तराखण्ड की महिलाओं का पर्यावरण संरक्षण में योगदान” Present in National  
seminar on “दानवीरांगना लालाजसुली बूढ़ी शौक्याणी” organized by हिमालय संगीत शोध  
समिति, हल्द्वानी (नैनीताल) उत्तराखण्ड on 27-28 February 2021.

☐ Paper “कौशल विकास- बेरोजगारी की समस्या का समाधान” Present in National  
Conference on skill Development and self Reliant India, Organized by S.B.S.

Govt. P.G. College DeenDayal Upadhyay Kaushal Kendra Rudrapur, U.S. Nagar  
on 23 – 24 March 2021.

☐ Paper "Importance of statistics in Business Organization" present in National  
conference on Integrity of Mathematics in Advancement of science, Technology  
and Management organized by M.B. Govt. P.G. College Haldwani on 25-26  
March 2021.

Paper "आपदा प्रबंधन में महिलाओं की भूमिका का अध्ययन" Present in International seminar on  
Disaster management in development organised by Department of Economics S.S.MMU.S.S.S  
Government PG College Dwarahat (Almora) in collaboration with Asian society of disaster  
management professionals and Indian economic association on 27- 28 November 2022

Paper "उत्तराखंड की कामकाजी महिलाओं का सामाजिक विकास में योगदान" Present and two day National  
seminar from 04-05 November 2022 by history department LSM.G.P.G. college Pithoragarh

Paper "Girl child education NEP 2022" present and two day National seminar from 27- 28 February  
2023 by Department of Education MB Government PG College Haldwani, Nainital

## **WORKSHOP**

☐ Participated in 7 day national workshop on developing synergy between  
information communications technology and academics 25th-31 March 2017 at  
M.B government P.G. College Haldwani Nainital.

☐ Participated in 7 day national workshop on SPSS for social science data analysis  
11th to 17 February 2019 at department of psychology P.N.G government P.G.  
College Ramnagar.

☐ Participated C.R.E. workshop on Enhancing Role of special Education in Early  
Childhood special education 11 November 2019 to 15 November 2019 at UOU  
Haldwani and Dept. of Psychology M.B. Govt. P.G. College Haldwani, Nainital.

☐ Participated workshop on Drug Abuse and Traffic Rules 30 November 2019 at  
M.B. Govt. P.G. College Haldwani.

☐ Participated workshop on Ethics Research Methodology and Applied SPSS from 27

January to 02 February 2021 at M.B.Govt. P.G. College Haldwani and GDC

Bhatronjkhana (Almora).

☐ Participated One day National workshop on Intellectual Property Rights 22 March

2021 at M.B. Govt. P.G. College Haldwani.

ORIENTATION PROGRAMME - UGC sponsored Orientation Programme UGC

human resource development center Kumaun University Nainital Uttarakhand date 25-10-

2017 to 21-11-2017 and obtained Grade 'A'.

REFRESHER COURSE - UGC sponsored refresher course UGC human resource

development center Kumaun University Nainital Uttarakhand date 21-02-2019 to 14-03-

2019 and obtained Grade 'A'.

☐ 10 days virtual research methodology workshop for research scholars in social science, organized by U.O.U Haldwani, M.B.GOV.T.P.G COLLEGE Haldwani, sponsored by ICSSR, NEW DELHI, 22 April to 1 May 2021

☐ 10 days national virtual capacity building workshop in test construction, organized by department of psychology. M.B GOVT.P.G college Haldwani collaboration with department of psychology Doon university, 22 June to 1 July 2021

☐ university grants commission human resource development center, Aligarh muslim university, Aligarh, UGC SPONSORED online refresher course, 25 October to 09 November 2020, subject - environmental study

ONE DAY BASIC TRAINING PROGRAMME - One day basic training programme

HUMAN RIGHTS participant on sponsored by National human right commission, New

Delhi organized by UGC human resource development center Kumaun University

Nainital Uttarakhand date 13-03-2019.

MEMBER: Member care committee on 7 day National Workshop on SPSS for social science data analysis 11-17 February 2019 at Department of Psychology P.N.G Govt.

P.G. College Ramnagar.

PUBLICATIONS (Research Paper Published)

Participated in One day workshop (NAPS technical training in SDP awareness program) on 11-10-2022, Organised by MB Government PG College Haldwani

Participated in 7 day Short Term course (online) by H.R.D.C. Aligarh Muslim University, Aligarh from 24 August 2022 to 30 August 2022

## Edited Book / Journals

1. जल प्रदूषण का मानव व्यवहार पर प्रभाव, Water for future Ankit Prakashan, ISBN No. 978-817988-163-7, page no. 575-579, year 2017.

2. Optimism and mental Health, The Rohilkhand Geographical Journal of India, ISBN No. 0976-8556, year 2017.

3. सामाजिकमानकोंका निर्माण और अनुरूपता : पेज 215-235, पब्लिकेशन- सामाजिकमनोविज्ञान, प्रकाशन- निदेशालय अध्ययन एवं प्रकाशन उत्तराखण्ड मुक्त विश्वविद्यालय हल्द्वानी, ISSN – MASO-205(2018)

4. Merger and acquisitions of Banking sector in India, Page No. 194, Book Title- Emerging Trends in Technology Management and Communication, Publisher- Knowledge Heads, EMC Co. Pvt. Ltd., Meerut, ISBN – 9789386015747 (2019)

5. Emotional Adjustment Among Adolescents, Page No-59, Book Title Adolescence : A Challenging State, Publisher – Harshwardhan Publication Pvt. Ltd., Distt Beed, ISBN- 978-93-90284-31-3 (January 2020).

6. A Comparative study on cognitive errors of Individual with obsessive-compulsive Disorder and Depressive Disorder: Vidyawarta Peer Reviewed International Journal, ISSN No- 23199318, April to June 2021, Issue 38, Vol-01, Page No- 67-73.

7. Paper "An effect of covid-19 on youth" published in book "कोविड-19 भारतीय परिप्रेक्ष्य में विविध आयाम" ISBN no- 978-93-91257-01-9. Editor Dr.Rashmi Pant, Dr. Chandravati Joshi and Dr. Lalita Joshi.

8. Published research paper on "A study on Hamilton and Anxiety rating scale among college student" in the International journal of Indian Psychology (peer reviewed), volume 10 (September 2022), ISSN No- 2349-3429 (print). [Page no 09](#)

9. "Higher education a way empower women" in book "भारत में उच्च शिक्षा तथा शिक्षा नीति 2020 संभावनाएं एवं चुनौतियां" by Dr Neeraj Tiwari and Dr Kamla Tiwari, Editor Prof Atul Joshi, Year 2022, ISBN no- 978-93-91385-13-2.